

Sant Gadge Baba Amravati University, Amravati
NEP –2025-26
Syllabus

OE-5 & OE-6
UG (Semester – III)
Other than Faculty of Humanities

Examination & Evaluation

Course	Mode	Marks	Number & Mark of Question /
(OE)	Theory papers	30	1) Long answers 02 Question on any 02 Unit. (7 Marks×2 Unit×1 Que. =14 Marks) 2) Short answers 04 Question on any 02 Unit. (4 Marks×2 Unit×2 Que. = 16 Marks) Note: (Internal choice based. (ie. Solve any one/Two question from following questions.)
	Internal Examination	20	Assignment /Seminar/ Unit Test/Paper Writing/GD/Participation in Philosophy Conference/ Participation in Departmental Activity/ Deliver the speech on any Philosopher or His Philosophy in Society/Moral Attitude (Department / College choose Any Two for Internal Evaluation)

Sant Gadge Baba Amravati University, Amravati
NEP –2025-26
Syllabus

UG (Semester – III)
Other than Faculty of Humanities
DSC- Philosophy

Course Code- 649255
OE-5 - OE-5 -Yoga Philosophy

Semester	Course Code	Course Title	Credit	Teaching Hrs.	Mark
UG Sem- III	649255	OE-5 Yoga Philosophy (Philosophy)	02	30	Th. 30 Int. 20

Objectives:

1. To know the actual meaning of Yoga.
2. To know that Yoga is a key of stress management.

Course Outcomes (Cos) :

- 1) To differentiate between types of Samadhi.
- 2) To know and practice the Bahirang : Yama, Niyama, Asana, Pranayam, pratyahar etc. in day to day life.
- 3) To know and practice the Antarang: Dharna, Dhyana, Samadhi etc. in day to day life.
- 4) To paraphrase the nature of chitta in her/his own words.
- 5) To know and criticize various commentaries on Yogasutra.

Unit	Content	Period
1	Introduction of Yogsutra A) Patanjali & His follower B) Chapters & Language C) Meaning of Yoga D) Importance of Yoga	07
2	A) Chitta	07

	B) Vrutti C) Klesh D) Abhyas & Vairagya	
3	A) Yama B) Niyama C) Asana D) Pranayama	08
4	A) Pratyahar B) Dharna C) Dhyana D) Samadhi	08

Reference Books

- 1) योगसूत्र - पतंजली
- 2) योगसूत्र-महर्षिव्यासभाष्य,
- 3) योगदर्शनम् (महर्षि व्यासभाष्य सहितम्), स्वामीसत्यपतिपरिव्राजक, दर्शन योगमहाविद्यालय, सागपुर जि, साबरकांठा (गुजरात), 2003
(Online PDF also available - search on Googale)
- 4) भारतीय तत्त्वज्ञान, डॉ. वेदप्रकाशडोणगावकर, मैत्री प्रकाशन, लातूर, 2020
- 5) योगदर्शन (योगसूत्र) अनु. डॉ. उदय कुमठेकर, प्रसादप्रकाशन, पूणे
- 6) प्राणायामरहस्य - स्वामीरामदेव, दिव्य प्रकाशन, हरिद्वार
- 7) स्वामी आनंद ऋषी, पातंजल योग दर्शन एक अभ्यास, राजहंस प्रकाशन, पुणे
- 8) <https://www.youtube.com/live/afE89Lyquio?si=jTQkBjJvh0cPmVD3>
- 1) <https://www.youtube.com/live/afE89Lyquio?si=jTQkBjJvh0cPmVD3>

===XX===

Syllabus

UG (Semester – III)
Other than Faculty of Humanities
DSC- Philosophy

Course Code- 649256
OE-6 - OE-6 - Four Noble Truths

Semester	Course Code	Course Title	Credit	Teaching Hrs.	Mark
UG-Sem III	649256	OE-6 Four Noble Truths (Philosophy)	02	30	Th. 30 Int. 20

Objectives:

1. To create insight about Buddha's Philosophy.
2. To develop understanding Nature of Four Noble Truth.
3. To identify various Concepts in Buddha's Philosophy.

CO's:

1. To know the importance of Buddha's Philosophy in Indian Culture.
2. To know the role of Buddha in Indian Philosophy.
3. To understand the way of Eternal Peace through Buddha's Philosophy.
4. To developed personality through the Philosophy of Buddha.

Unit	Content	Period
1	Introduction of Buddha: A) Childhood Life B) Sangh (Gan Tantra) C) The Search for Truth D) Bodddhatva (Dnyanprapti)	07
2	Noble Truth: A) First B) Second C) Third D) Fourth	07
3	Prtitya Samutpada (Dvodashnidan) : A) Jara-Maram, Jati, Bhava B) Upadan, Trushna, Vedna C) Sprsha, Shadayatan, Nam-Rupa D) Vidnyan, Sanskar, Avidya	08
4	Ashtang Marga: A) Samyak Drushti & Samyak sankalpa B) Samyak Vachan & Samyak Karmat C) Samyak Ajiva & Samyak Yayam D) Samyak Smruti & Samyak Samadhi	08

Reference Books:

1. भारतीय तत्त्वज्ञान, डॉ. वेदप्रकाश डोणगावकर, मैत्री प्रकाशन, लातूर, 2020, 978-93-84810-50-4
2. भारतीय तत्त्वज्ञान, श्रीनिवास दीक्षित, फडके प्रकाशन, कोल्हापुर, सहावि आवृत्ति, 1996
3. भारतीय तत्त्वज्ञानाचा इतिहास, पी.डी.चौधरी, श्री मंगेश प्रकाशन, नागपुर, दूसरी आवृत्ति 2000

===XX==